

NAME: DATE:

CLASS: MARK: / 100

A Choose the correct item.

- 1 Grace a muscle while competing in an important race.
A burnt **C** twisted
B pulled **D** sprained
- 2 If you want to make this dish taste even better, add a of garlic.
A pinch **C** bar
B slice **D** clove
- 3 The doctor advised Kylie to change the bandage every day to prevent
A disease **C** injury
B wound **D** infection
- 4 The oranges Emma bought from the market were so that she decided to buy some more.
A juicy **C** smoked
B salty **D** creamy
- 5 Natalie a delicious chocolate cake for her sister's birthday.
A boiled **C** baked
B grilled **D** fried
- 6 Oxygen is in the muscles of the human body.
A inhaled **C** imported
B stored **D** included
- 7 Claire always has a of cereal in the morning before she goes to work.
A tin **C** bowl
B pot **D** jar
- 8 Having healthy skin on how much water you drink.
A depends **C** supports
B looks **D** survives
- 9 Lilly likes eating eggs for breakfast.
A steamed **C** scrambled
B mashed **D** roasted
- 10 You can find baked beans in the food section of the supermarket.
A genetically-modified **C** healthy
B frozen **D** tinned
- 11 Freezing food is a good way to it.
A preserve **C** control
B regulate **D** manage
- 12 A human heart weighs about 300 grams average and it's the body's most important organ.
A on **C** at
B by **D** in
- 13 Eating poisonous mushrooms can damage the organs in your body, like the liver and the kidneys.
A outer **C** internal
B inner **D** natural
- 14 Blood flows around our bodies through the blood
A muscles **C** vessels
B cells **D** bacteria

15 Nicholas had some strawberry ice-cream for

- A beverage C main course
B starter D dessert

16 protects our skin from sun damage.

- A Keratin C Fat
B Melanin D Mineral

17 A few of olive oil can make a salad tastier.

- A mixtures C tinctures
B liquids D drops

18 These biscuits are too You used too much sugar!

- A sour C spicy
B sweet D bitter

19 remedies are made from plants and have been used for thousands of years.

- A Strong C Natural
B Health D Effective

20 Gabriella her finger with a knife while she was chopping the onions.

- A hit C broke
B cut D bruised

(Marks: _____
20×4 80)

B Read the text below. Complete the gaps (1-5) with appropriate words from the box in the correct form. Correct grammar and spelling is required. One word is extra and does not match any of the gaps.

| | | | | | |
|--------|------|--------|------|--------|-------|
| become | find | remedy | heal | health | treat |
|--------|------|--------|------|--------|-------|

Powerful Plants

Throughout history, people have made medicines from plants. But using nature as a way of staying **1)** isn't just a thing of the past. Many substances that **2)** in modern medicines originally come from plants. Also, natural **3)** are very popular today. People use them **4)** medical problems and to avoid **5)** ill. For example, many people believe that a daily dose of tincture made from the echinacea flower may prevent colds from developing.

(Marks: _____
5×4 20)